

New Zealand Polocrosse First Aid Guidelines 2016



As per the New Zealand Polocrosse By-Law (10.4) all Clubs or Associations hosting polocrosse events must have an organised first aid response on their grounds with qualified staff, whether paid or volunteer.

- The name of the person/s and their club, if applicable, to be attached to the main draw prior to the start of play.
- The physical location of the playing grounds is to be attached to the main draw prior to the start of play.
- First aid equipment must be readily available.
- Effective means of communication must be available so that assistance and back up facilities can be easily arranged.

Guidelines for Levels of First Aid Response Required are –

Event	Appointed Person	First Aider	Fully Equipped First Aid Kit	Transport	Medical Station	Ambulance
Training Days / Open Days / Practices	✓	✓	✓			
Carnival Weekends (or day Carnivals)	✓	✓✓	✓	✓	✓	
National Fixtures (including Test Series / Sponsors Carnivals etc)	✓	✓✓	✓	✓	✓	✓ **

Appointed Person: Someone appointed by the host Club (or in the event of a National Fixture with no host Club then appointed by the NZPX Board) to co-ordinate medical requirements to ensure that they meet these guidelines and to ensure that there is a First Aider on site for the duration of play / practice etc. This person may also be a First Aider themselves.

First Aider: Someone who holds a current First Aid certificate at least Level 1, but ideally Level 2, or an equivalent qualification. A currently practising Nurse or General Practitioner is also acceptable.

Level 1 is “Basic First Aid – Unit Standards 6401, 6402 or 26551, 26552”

Level 2 is “Comprehensive First Aid – Unit Standards of 6400, 6401, 6402”

The “Age” of the First Aider is not as important as having a First Aider who is confident, willing to act and able to provide the level of care needed.

At Carnival weekends and National Fixtures, more than one person holding these qualifications should be identified as being on the grounds. A roster system can be worked out to ensure that there is always someone available, especially if the First Aider also plays polocrosse. It is preferable that the First Aider is not playing, so that they can be immediately available, but this is not always possible.

Ideally, the First Aiders cell phone number, Club they play for (or where they are camped) should also be noted, so that the person can be located quickly.

Fully Equipped First Aid Kit: All Clubs should aim to have their own fully equipped First Aid Kit – this should be one designated for a “Workplace” or a “Sports team” and not one designated for home, car or personal use. Ideally these kits should be portable – check out either the St Johns website, Red Cross website, hardware stores or First Aid On Line (www.firstaidonline.co.nz) for suitable ones. You can get a reasonable first aid kit for a little over \$100.00.



REMEMBER – to check your first aid kit regularly – top it up and replace items as they are used.

Many “First Aiders” will bring along their own First Aid Kit – make sure you check this out prior to the event, and do not just expect them to have one. Also, if your First Aider is a volunteer, it is a good gesture to offer to reimburse them for any supplies used over a weekend – these can add up quite quickly.

Transport: As polocrosse events are often played on several different fields, spread over a large area of land, having easily accessible transport to get the first aider and / or the first aid kit to the patient is often a necessity. A four wheeler motorbike, 4 wheel drive vehicle or similar based at the “office”, caravan or medical station is ideal. Be sure that the keys are left with the vehicle!!!

Medical Station: A quiet and private area should be available where first aid can be administered, that allows a patient to lay down, or where a patient can receive further medical treatment or await transportation to hospital. This can be in the form of Club rooms, Secretaries caravan, tent or even just a horse float / truck.

Ambulance:** The cost to have an ambulance on site for the duration of an event is usually prohibitive to most Clubs hosting events – this is not a requirement from NZPX but may be a requirement by either local Councils, suppliers of the grounds or even the IPC (if an International event deems it necessary). Sometimes funding can be sourced for these services and hosts should apply for this at the earliest stage possible.

****New Zealand Polocrosse does not want to make the holding of an event outside the financial realms of most Clubs. Clubs need to ensure they are meeting their obligations under the Health & Safety Act. NZPX is regularly checking obligations of our Insurance cover and is carefully monitoring legislation around the need for Ambulances at certain fixtures this.**

HEAD INJURIES:

As per the NZ Polocrosse by-Laws (4.6) Any player that sustains a head injury, that the Board is aware of, must have a Doctors clearance before being permitted back on to the Polocrosse field; this is followed up by the IPC Rule(3c) which states in the event of unconsciousness a Doctors Medical clearance is compulsory.

Please ensure that a Doctors certificate is sighted – stating that the person has been checked for concussion.

DISCLAIMER:


All players, spectators or public that enter polocrosse grounds (or grounds where polocrosse is being played), or take part in the sport of polocrosse, do so at their own risk.

Whilst all care and due diligence will be used to ensure the safety of those participating in the sport of polocrosse, New Zealand Polocrosse Incorporated, its affiliated Clubs or Associations, cannot be held liable for any damage, injury or the like caused to, or suffered by, any persons, animal or property.

Umpires, or others, that carry out gear checks or make recommendations on gear, use of gear, playing or riding recommendations cannot be held liable – it is the responsibility of the rider, or parent / guardian of the rider, to ensure that all playing gear is correct and of a safe, recommended or approved standard.

OTHER USEFULL INFORMATION


Suggested Way to display grounds / first aid contacts / physical location of grounds



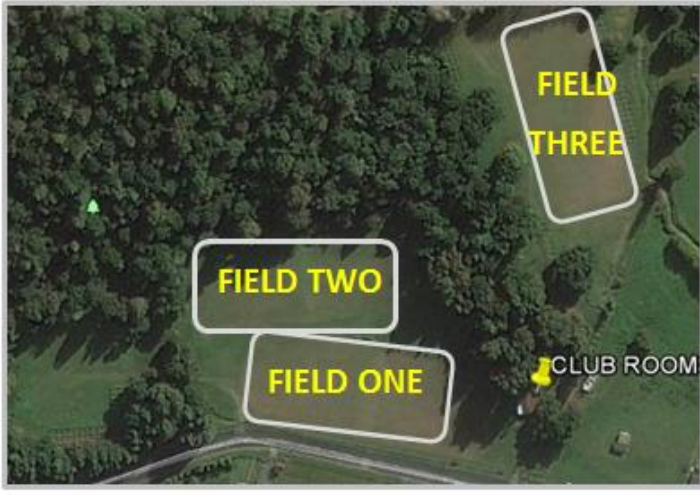
2016 SPONSORS CARNIVAL


MANUNUI POLOCROSSE GROUNDS, MIRO STREET, TAUMARUNUI

SPORT
NEW ZEALAND



GPS LOCTAION: Latitude: 38°53'1.90"S Longitude: 175°18'49.10"E







FIRST AID:

XXXX Ph: 027 000000000
 XXXX Ph: 021 000000000
 XXXX Ph: 021 000000000

VET



Phone: 07-895 7585




No Dogs on Grounds Please

ALL RIDERS MUST WEAR HELMETS WHILST MOUNTED

GPS Coordinates are easily accessible from "Google Earth" or from "Google Maps"

Suggested Communication Card: A small wallet size card could be given out to the first aiders and / or made available at the score keepers tables with the same first aid contact details and location information on them -


New Zealand Polocrosse
2016 Sponsors Carnival



Location: Manunui Polocrosse Grounds,
 Manunui Domain, Miro Street, Taumarunui

GPS LOCTAION:
 Latitude: 38°53'1.90"S
 Longitude: 175°18'49.10"E

FIRST AID:
 XXXXX Ph: 027 00000000
 XXXXX Ph: 021 000000
 XXXXX Ph: 021 000000 |



VET: **Vetent** Phone: 07-895 7585

Polocrosse Club Contacts :
 YYYYYY Ph: 027 00000
 ZZZZZZ Ph: 027 00000

AED's (Automatic Defibrillators): New Zealand Polocrosse is lucky enough to have 2 AED's purchased through funding from the Lion Foundation. These are currently held by the NZ Gear Custodian (Jenelle Coxall from Putaruru-Tirau Polocrosse Club) and the other one is held in the far north (usually with the Club to next hold a carnival).

Cell Phones: Check for cell phone coverage at your event – different network providers have different coverage in some areas – eg. Spark may have good coverage but 2 Degrees may not. Ensure that you have a phone that has good coverage over all of your fields etc.

Helicopter Landing: All Clubs should have knowledge of the closest area where a helicopter can safely land.